



# TRAINERPROJEKT



# What is Trainerproject about?

Trainerproject is an answer for question: How to raise badminton level in the region?

- Key to success is youth training. One of the most important areas for the future of the region is the development of the small kids (age group 5-11).
- Making cooperation between clubs and regions.
- Coaches education

A photograph of two children, a boy and a girl, wearing blue t-shirts, playing tennis on an indoor court. The boy is in the foreground, holding a yellow tennis racket, and the girl is behind him, also holding a racket. They are both looking towards the right. The background shows other people and a basketball hoop.

# BVRP and BVR Project: Mini Dänemark

Conception of the project - Morten Bjerger (Dänischer Coach)

- Focus – small kids in the training
- Cooperation between clubs (A, B, C level clubs)



# What does it mean on a daily basis ?

## Miniton

- St. Restrup (B-club) Saturday 10.00-12.00 – 15-20 players
- Triton (A-club) Sunday 10.00-11.30 – 10 players
- Bislev-Nibe (C-club) Friday 17.00-18.00 – 10-15 players

Free training across the 3 clubs. Member in one club can practice in all 3 clubs !

# Weekly training – red line across clubs!

Monday – St Restrup – our top practice  
18.00-20.00 (24 players)

Players mostly U13-U15

- St. Restrup (B-club) 14 players
- Triton (A-club) 2 players
- Gug (B-club) 2 players – Home Club of Christina Pedersen
- Bislev-Nibe (C-club) 4 players
- Svenstrup (C-club) 2 players – Home Club of Jan Ø Jørgensen

Friday – Triton – young senior (U15-2 +)  
practice 17.00-19.00 (16 players)

- Triton (A-club) – 8 players
- St. Restrup (B-club) – 6 players
- Gug (B-club) – 2 players

Each player pay for own practice in the other club. Around DKK 1000 per practice pr. year. In St. Restrup we pay 50% of this for the player.

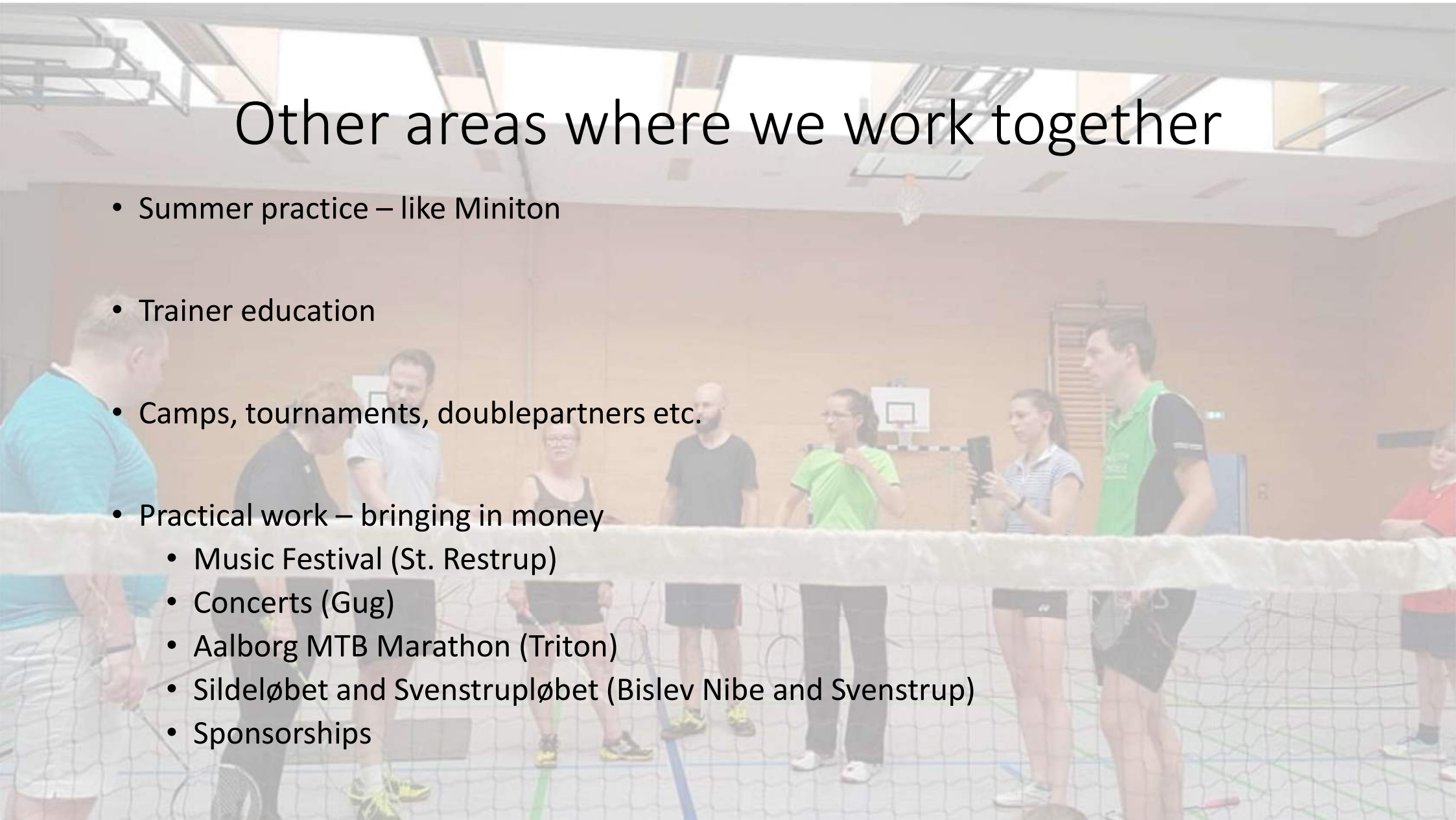
# BVR / BVRP Projekt: Mini Dänemark





# Other areas where we work together

- Summer practice – like Miniton
- Trainer education
- Camps, tournaments, doublepartners etc.
- Practical work – bringing in money
  - Music Festival (St. Restrup)
  - Concerts (Gug)
  - Aalborg MTB Marathon (Triton)
  - Sildeløbet and Svenstrupløbet (Bislev Nibe and Svenstrup)
  - Sponsorships



# What does it mean to me as a club?

- Cooperation in many areas (trainings, tournaments, camps, social events, etc.)
- Getting involved directly :
  - Weekly training with Projektrainer
  - Support in many aspects (organization of the club, financial area, how to bring the kids to training, parents getting involved, etc.)
  - Coaches education
- Getting involved indirectly:
  - Trainingsworkshops, trainings in Landestützpunkt Bad Marienberg
  - Support in school / preschool contacts, bringing kids (from 5-11 years old) to the trainings
  - Coaches education
  - Support in many aspects (organization of the club, financial area, how to bring the kids to training, parents getting involved, etc.)



# More information – contact

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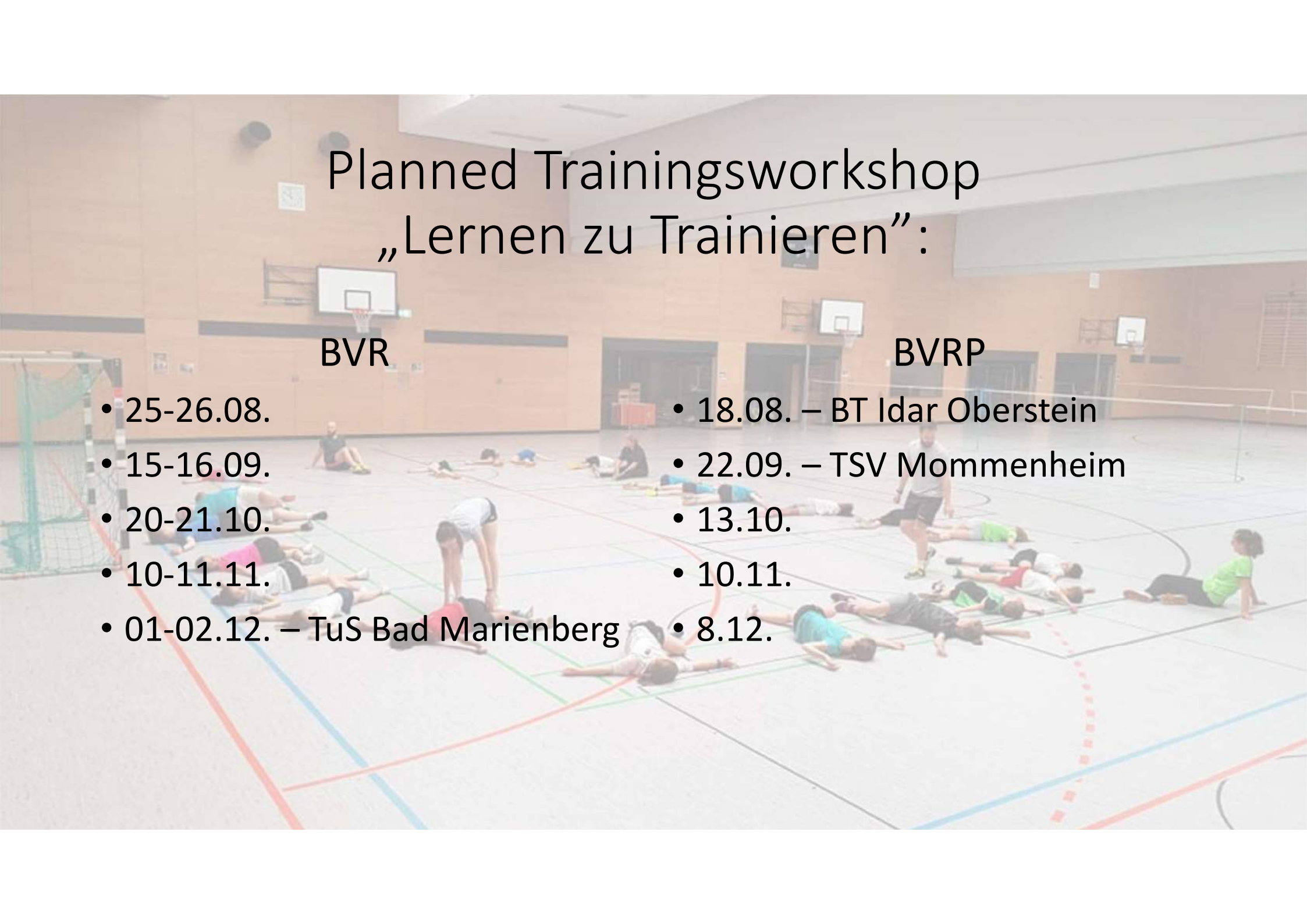
# Planned Trainingsworkshop „Lernen zu Trainieren“:

BVR

- 25-26.08.
- 15-16.09.
- 20-21.10.
- 10-11.11.
- 01-02.12. – TuS Bad Marienberg

BVRP

- 18.08. – BT Idar Oberstein
- 22.09. – TSV Mommenheim
- 13.10.
- 10.11.
- 8.12.





Vielen Dank für eure Aufmerksamkeit!